

On Wednesday, January 13, 2010, STARS Nashville in partnership with the Tennessee Department of Education, School Safety and Learning Support Services, will offer a state-wide training on SAFE DATES – an evidence-based curriculum for the prevention of relationship violence. This one-day training will provide you with the tools and the materials needed to help make significant impact on the lives of young people.

The cost for this training is \$50. This includes breakfast, lunch and a copy of the SAFE DATES curriculum.

Wednesday, January 13, 2010
STARS Nashville
1704 Charlotte Avenue, Suite 200
Nashville, TN 37203

www.starsnashville.org

615-279-0058

To register, please contact Anna Nichols,
anichols@starsnashville.org

Space is limited so please register today!
(We will offer another training March, 3, 2010 as well.)

An Adolescent Dating Abuse Prevention Curriculum

by Vangie Foshee, Ph.D., and Stacey Langwick, Ph.D.

Safe Dates is the only research-based adolescent dating abuse prevention program available today. Highly engaging and interactive, *Safe Dates* helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships.

Safe Dates

- works as a prevention and as an intervention tool
- has strong outcomes even after four years
- is proven effective with boys as well as girls
- addresses both perpetrators and victims of abuse
- acknowledges that either gender could play either role

A follow-up study of students from 14 public schools in North Carolina found that, four years after implementation of *Safe Dates*, students who participated in the program

reported **56% to 92% less physical and sexual dating violence** than teens who did not participate in *Safe Dates*.

The nine-session curriculum, which can be delivered in as few as four sessions, includes

- reproducible handouts
- step-by-step instructions for each session
- a scope and sequence document
- a 45-minute play on dating abuse written by high-school drama students
- pre- and post-program evaluation tools
- parent resources
- a training outline for facilitators

